

2ª Feira	3ª Feira	4ª Feira	5ª Feira	6ª Feira	Sábado	Domingo
07:00 – 07:45	07:00 – 07:45	07:00 – 07:45	07:00 – 07:45	07:00 – 07:45	07:00 – 07:45	07:00 – 07:45
07:45 – 08:30					07:45 – 08:30	07:45 – 08:30
					08:30 – 09:15	
10:00 – 10:45	10:00 – 10:45		10:00 – 10:45			
		10:45 – 11:30		10:45 – 11:30	10:45 – 11:30	
12:15 – 13:00					12:15 – 13:00	
13:00 – 13:45					13:00 – 13:45	
13:45 – 14:30					13:45 – 14:30	
		14:30 – 15:15	14:30 – 15:15	14:30 – 15:15	14:30 – 15:15	
17:30 – 18:15	17:30 – 18:15	17:30 – 18:15	17:30 – 18:15	17:30 – 18:15	17:30 – 18:15	
18:15 – 19:00	18:15 – 19:00	18:15 – 19:00	18:15 – 19:00	18:15 – 19:00		
19:45 – 20:30	19:45 – 20:30	19:45 – 20:30	19:45 – 20:30	19:45 – 20:30		
20:30 – 21:15	20:30 – 21:15	20:30 – 21:15	20:30 – 21:15	20:30 – 21:15		
21:15 – 22:00		21:15 – 22:00		21:15 – 22:00		